



FALL 2006



college is possible.

## UB Leadership Class by Ryan Speier

### Important Dates To Remember:

- November 1— Registration deadline for December 2 SAT
- November 3—Field trip to National College Fair in Seattle. Be at the UB office by 7:45am. We will return by 1:30 pm to the UB office.
- November 3-- Registration deadline for December 9 ACT

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Upward Bound students are, as the name suggests, destined for greatness. They will lead their generation and overcome many obstacles. In light of this, we have instituted a new curriculum focusing on this leadership in order to prepare them for college and beyond.

It is an exciting new frontier of discovering and honing positive principles that help students to successfully navigate life (generally) and college (specifically) success.

This year, Franklin Pierce School District Upward Bound students will have the opportunity to work individually and in committees to make a difference in their schools and communities.

Individually they will give at least 15 hours of their time to a non-profit organization that will stretch their comfort zone, as service and courage mark every great leader. They will also attend nine community events or activities to encourage exposure to many different cultural situations that they may not otherwise try out.

In their committees, they will complete three community outreach projects designed to help the community and schools become aware of services available to them and, in many cases, actually offer valuable services such as tutoring or

college awareness workshops.

Students will keep a "portfolio" (in addition to their graduation portfolio) that will track what they learn about themselves and improving their life habits. The students' effort and personal change should shine throughout the portfolio and other projects mentioned earlier. These projects and portfolio will then be looked at in determination of the final grade for the semester.

The new class offers the flexibility to focus on principles of leadership and success in a way that should prove accessible and life-changing.

## UB Welcomes Kofi Jeffries

I have long believed that the measure of a human being is in his or her ability to care for another, to remove judgment and accusation from one's fingertips and embrace forgiveness, and to contribute positively to the society one deems him or herself fit to live in. I believe in equality, patience, integrity; and I truly believe all students have a right to learn. This is why I feel privileged to be a part of Upward Bound and to serve its cause.

I haven't been teaching for so long...in fact, I'm right out of

grad school. I grew up in Memphis, went to college at The University of Mississippi (a school that has historically been pretty racially divided), and studied issues of diversity and multiculturalism. High school was like a stepping stone for my college experience, where, in my freshman year alone, my tastes in writing and music were broadened. I saw things that made my understanding of politics do a complete 180 degrees. I met a girl, fell in love. I got out and saw the world.

Suffice to say, college changed my life in a number of ways,

and I wish - I want - every student to have those experiences for themselves. I teach in order to help students reach their potential as independent thinkers; I teach at Upward Bound to help send those students out in the world to make a difference. There is no bigger honor for me.





# Senior Page



## Application Deadlines

*It is important to apply by a schools' "optimal" date to receive the best financial aid package/scholarship consideration. It MAY, however, be possible to apply later, however you will need to check with each individual school.*

- Central Washington University - 4/1
- Eastern Washington University - 3/1
- Evergreen State College - 3/1
- Gonzaga - 11/15 *early action (non-binding),*  
2/1 *regular*
- Oregon State University - 2/1
- Pacific Lutheran University - 1/31  
*For optimal financial aid*
- Portland State University - 6/1
- Seattle Pacific University - 2/1
- Seattle University - 2/1
- Southern Oregon University - 2/15
- St. Martin's College - 3/1
- University of Alaska - 7/1
- University of Idaho - 2/15
- University of Puget Sound - 11/15, 12/15  
*Early decision, 2/1 regular*
- University of Washington, Seattle - 12/1  
*Scholarship/honors consideration*
- University of Washington, Tacoma - 1/15  
*Scholarship consideration*
- Washington State University - 1/31  
*Priority application date*
- Western Oregon University - 2/15
- Western Washington University - 3/1
- Whitman - 1/31 *early decision*
- Whitworth - 11/30 *early action, 3/1 regular*

## SENIOR REMINDERS:

Check with your career counselor to see if a representative from the colleges you are interested in will be visiting your high school. Begin looking into scholarships through your counseling center or the UB office. Request applications for colleges of interest. Make sure you attend financial aid nights and college fairs.

### College Fall Previews

- One of the best ways to know if a school is right for you is to experience it by staying overnight, attending classes and hanging out with current students. Below are some schools that are offering special preview days. Most schools will allow overnight stays. If the one you are interested in is not on this list, check their website for more information!
- \*Evergreen - Visit in Spring
  - \*EWU Eagle Preview - 11/12-11/13
  - \*Gonzaga - 10/13, 10/27, 11/10
  - \*OSU Preview - 10/13
  - \*PLU - stay overnight Saturdays-Thursdays
  - \*Seattle U - extended visit, check online
  - \*Southern Oregon Preview Weekend -  
January or February
  - \*SPU Senior Preview - 11/2 - 11/3
  - \*U of I Fall Preview - 10/6
  - \*Western Fall Welcome - 11/4
  - \*WOU Fall Preview - 10/21, 11/18
  - \*WSU Preview - 10/16, 10/23, 11/13
- Check each website for more information and to register!

# UB Summer '06



## Over the Top

The Summer of '06 ushered in many new Sophomores and Juniors to the UB family. The weeks consisted of Hydroville, Civic Engagement, community service around the city and field trips to many Washington, Oregon and even Idaho universities. Superman at the IMAX, a Mariner's game, the Shakespeare Festival, Box R Ranch, Wild Waves, Frisbee, Mr. Speier singing Ace of

Base and arm wrestling movies on the bus provided many memorable experiences as well. "There wasn't one moment I can think of that was not enjoyable," said UB student Bernadette McKenzie. "I am so happy I made the choice and got accepted into UB because I know for a fact this really shifted and changed my life and the way I think in general. The ropes course

was the most memorable part of this summer because I faced many of my fears with the support of the staff and peers. It made it easier for me knowing everyone was supporting me through the course. All in all, I just love UB and the staff-they're not just teachers, they are there for you and more. And to me UB is a step to a better future."



## UB Summer Returnee Program By Dena Caudle



Every year UB has a wonderful summer program. This summer I was able to participate in the Returnee Program. The goal was to write a research paper and explore colleges that might interest us. This provided a chance for us to re-look at colleges we had previously visited. The second look at each university allowed us to focus more on classes and activities that might interest us as well as dorm life. Overall, I found the

program very helpful. I was able to confirm my desire to attend PLU next fall because of the research that was done. We took a new outlook and interest in mind with each visit, and a desire to find a college where we felt most comfortable, accepted and interested. I feel that the Returnee Program is a valuable experience and I hope that it gains even more interest. I highly encourage students to participate in it!

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### Our Mission

Since 1996 Upward Bound, in a partnership with Pacific Lutheran University and the Metropolitan Development Council, has been serving the Bethel and Franklin Pierce school districts. Our mission is to assist low-income and first-generation college bound students with college admission. We have seen over 95% of our seniors graduate high school and most of those students have college plans when they graduate. We believe that being a consistent, loving presence in the lives of students is their greatest motivating factor.



# UBMS Summer Program in Alaska by Tim Rasmussen

Hi!! :) My name is Tim Rasmussen. This summer Daine Northcut, Trista Hagan, and I were all lucky enough to get to be a part of the Upward Bound Math/Science (UBMS) program at the University of Alaska Fairbanks (UAF).

Yet we were not alone in that "luckiness." When our plane finally landed in Alaska and we got to the University we simply threw our suitcases in our dorm rooms and went down stairs to wait for the other 33 students to show up.

Now that I think about it, almost every student there was really shy, and "stuck at the hip" to anyone they knew from before the program that first night. All of that had changed by the end of the next week. We were quickly making new friends and becoming as close, if not closer than family! By that point we had started having classes everyday. We would go to which ever math class we qualified for first, then we had our English class which was followed by a not so good lunch. We then either went to Marine Biology (Diane was there), Ecology (Trista was there), or Anatomy (that's were I was). That was the only class we got to choose, and it also determined which group we were in for the duration of the summer.

The rest of the day was devoted to study times (that I personally rarely ever used to study), and then there was required play times that filled the evening. We played a variety of games from "flying fungus" to kick the can to kick ball to soccer. All of these were incredibly fun, not just because they were great games, but also because we all played together and everyone had a blast!

That went on uninterrupted for about 2 weeks, and then each group went on an 8 day camping trip. Each group went to a different place depending on what science group they were in. Every day the Anatomy group visited/toured different hospitals and medical facilities. Yet even then we were required to have fun! We went on at least one hike everyday, one of which was straight up the side of Exit Glacier (the Marine group did that the day before), and another hike lead us to a huge lake on the side of a mountain. One day my group also went White Water Rafting all day! While the water came straight off 2 different glaciers, and was incredibly cold, we still had an amazing amount of fun!

When the 8 day trip was over we all came back and the "routine" of the program

started up again (if you can call it routine). Ever though we were back and taking classes again we still had fun doing random things like talent shows, BBQs, going to movies, PT, participating in the Extreme Make Over Home Edition, and many more games. Another thing we all looked forward to every morning was the Soccer World Cup!! YAY!! GO ITALY!!

That kept going on and on and all of the sudden it was the last day of the program!! We took our finals (YES we had finals!!) and then we had an award ceremony. Daine got a special award for being a GREAT leader among the students! Way to go Daine!!

That night was the night everyone had to go home. In all my life I've don't ever remember seeing so many teenagers crying over each other! No one wanted to leave! We all had become very close, and I doubt anyone will ever make as big an impact on my life as the students and the leaders of that program did!

I would suggest that anyone and everyone apply for the UBMS program I guaranty that you will have a ball and you'll come back with LOTS of incredible memories and you'll be a better person!! I promise! :)