



SPRING 2007

### Important Dates To Remember:

- **Seattle Field Trip**  
Seattle U/Whirlyball  
Mon., May 21  
Must be passing classes by 5/15!
- **Awards Banquet**  
Varsity Grill, Tacoma  
Wed., June 6th, 6pm
- **Senior Dinner**  
The Melting Pot  
Fri., June 8, 6:30pm
- **Returnee Summer Program starts**  
Mon., July 2, 10am

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college is possible.

## Leadership Summit By: Avery Stone, FPHS

On February 20<sup>th</sup>, 2007, a group of student representatives from both Franklin Pierce and Washington High Schools as well as three UBCL Faculty members went to an Olympia Leadership Conference to discuss the importance of Upward Bound and the Trio Programs. The day started off with a vivid explanation of Trio, including its history of starting, its purpose, and its effects it has on individuals to this day. Leading the presentation was Duke Paulson, Vice President of Educational Programs. Following the PowerPoint was a keynote about the importance of doing the FAFSA, presented by Rachelle Sharpe. A question and answer session was held which proved to be helpful for the majority involved. Next three student

lobbyists, each representing their own university took the stage to discuss the priorities, duties, and benefits of becoming student advocates. Overall the presentation was very informative, being an eye opener for how positive of an influence only three people could make. Applause was given, and then Mr. Paulson held a viewing of "Reasons for Trio;" an informative piece regarding Trio and all its aspects. A healthy sandwich, salad, and water lunch was served following the film. Groups were then divided by location of high school. My group talked with both representatives and senators alike. The course of

discussion was about Trio, its purpose, its benefits, and its lack of funding. All the stated affiliated individuals seemed positive about Trio and what it stands for. We also sat in on one stage that is involved in the passing of a bill. After each group had done its rounds we all met back together for a closing speech held by Mr. Paulson. Everyone then left the building and the day was over. All and all the day was very entertaining, informative, and as a group I would say we would all be pleased to be delegates in the 2008 Trio Leadership Conference.

## Central Sampler By: Dena Caudle, FPHS

Everyone enjoys a fun and memorable trip—we had just that. On the way to Central Washington University there was much excitement because we didn't make it all of the way without the adventure of a popped tire...

At Central Washington University, we were given a tour of the beautiful campus, which is located in Ellensburg, Washington. The campus is great—not too big and not too small. The class sizes are smaller and that is really nice as well. At dinner, we had the chance to talk with students and enjoy their great food.

Following dinner, we enjoyed the recreation center. The rec. center was a lot of fun. We had the opportunity to climb the rock wall, run the track, and play basketball while learning more about each other.

Day two of the Central Sampler, we were given the opportunity to talk with a professor in our area of interest. This allowed us one-on-one time with a professor who we might actually have if we attended CWU. We could ask questions about the program and learn about what they

had to offer.

Our trip to Central was well worth it. Staying overnight at a school gives a great perspective as to what it would be like if you attended. If you would like more information on the school, please look CWU up on the web: [www.cwu.edu](http://www.cwu.edu).



# Summer 2007

## returners wanted

Double Returnees will be working at the same times, but on a Nutrition Presentation.

**WHO:** Any current Sophomore - Junior UB student

**WHAT:** Discover what college may be the best fit for you as you research and visit them throughout the summer.

**WHEN:** Meet each Monday from 10-noon in July, starting on the 2nd. Work on college research paper assignments during the week at UB office or at home. In addition, attend weekly college field trips.

**BONUS:** Earn a weekly stipend if all work is completed each week!

*\*\* (And Mr. Speier might sing more Ace of Base!)*

**Tentative Field Trip Calendar:** 7/6: Evergreen, Capitol 7/9: PLU 7/13: WWU, Seattle U, IMAX  
7/17-7/20: CWU, WSU, U of I, EWU, Whitworth, Gonzaga, Silverwood, Dino Exhibit 7/27: UWT, UPS 7/31: SPU, UW, Mariners 8/2: Presentations 8/3: Paper due/Wild Waves

### SENIORS!

Semi-formal dinner in your honor at The Melting Pot in Tacoma

Friday, June 8th - 6:30 pm

RSVP by FRIDAY

Mrs. McGovern: 284-9092

## You're Invited

Upward Bound's 2007  
End of the Year Dinner &  
Awards Banquet

Wednesday, June 6th  
at 6 pm

Varsity Grill in Tacoma

Please RSVP to Mrs. McGovern  
@ 284-9092

# Spring Break '07

By: Tim Rasmussen, FPMS

For our 2007 Spring Break trip, some of us went with Mr Speier to the East Coast and had the time of our lives! Here's what we did:

**Saturday:** As soon as we landed in Boston, we rented a van and within six min. we were lost! We eventually did find the Red Sox Stadium and then after that we went to an aquarium and had some fun. Then we went to this place like Pike's Place and me and the other Tim bought a whole bunch of ribs and made a huge mess! Then we went to our hotel and Tim and I stayed up all night in the pool and the weight room.

**Sunday:** We started out today with Dunkin' Donuts (they have as many of those as we have Starbucks!) Then we spent the rest of the day on the Freedom Trail. We followed a brick trail in the sidewalk to different historical sites-- Paul Revere's old home, a cemetery where a bunch of important (& old) people are buried, and the USS Constitution.

That night we went to dinner at the Hard Rock Café. Today was April Fools Day and we hadn't gotten Mr. Speier yet...so we had the waitress pull him aside and act like something was wrong--it was great! She walked him to the middle of the restaurant (toward the manager) and announced to the whole place that it was his birthday and everyone sang to him. Then all of us on the trip yelled, "April Fools!" It was pretty much great!!

**Monday:** This morning we woke up early to tour the Boston State House and that was more than worth it. Then we went to Boston University for a tour--they have their own castle. As soon as we were done with lunch we left for Harvard. That was a really cool school--it was a very beautiful campus, every building had a great story and the statues had even better stories. That night we all hung out in Mr Speier's hotel room, ate horrible pizza and watched "Dirty Jobs."

**Tuesday:** Today we had to be up extra early so that we could catch a cab to the train station that would get us to Connecticut in time. When

we arrived, we stored our bags while we toured the campus. Yale felt very medieval--it was nice. Then we went to New Haven University. It was by far the most popular of the schools. It is a very good school for CSI stuff, which most of the UB students were interested in. We then took a train to New York that at some point changed to the subway. When we got off, and walked up the stairs to the street, it literally took my breath away to see the city--it was amazing!! Billboards cover entire building sides and everything is so beautiful.

We finally found our hotel where we met up with Mr. Speier's fiancée, Amy. She flew in to take Mrs. McGovern's place and she did a good job of it too! As soon as we got to our hotel, we had about 20 min. to change because we had to leave to go see "Beauty and the Beast" on Broadway, which was absolutely amazing! That was probably one of the best parts of the trip. That night we had fun going crazy over all the little things they had from movies at Planet Hollywood, where we had dinner.

**Wednesday:** We attempted to get on the Today Show, but sadly missed our chance. So we got back on the subway and went to the ferry station so we could see the Statue of Liberty! XD It was windy, cold and raining sideways, but I've never been so excited in my whole life! I was literally bouncing off walls. When the ferry started slowing down, I wanted to swim the rest of the way, convinced that I could make it faster that way. Thank goodness Ana was there to remind me I wouldn't make it. It was so inspirational to see Liberty Island--it was the most amazing part of the whole trip. We spent about an hour there before we got back on the ferry to go to Ellis Island. This was an interesting place with a lot to learn about the immigrants coming to America. We then went to see Ground Zero--this was a very moving experience. It was powerful to see the huge list of people that died that day.

For dinner that night we went to a family-style



Italian place with the best waiter ever! His name was David and he was funny, loud, funny, smart and once played Gaston in Beauty and the Beast. He would do random tricks like bend a fork or do a card trick. Then we noticed that at the next table was Josh Peck from the show Drake and Josh! Now, just because you have never even heard of that show, doesn't mean that Sean Brown and I aren't nerds! Because we both almost had a heart attack when we saw him and I think Sean did again when Josh came and sat at our table and bought us dessert!

**Thursday:** This morning was our shopping morning, so we went to FAO Schwartz, which is probably the best toy store ever! But along the way, we saw the Apple store and Mr Speier almost fainted! After that we went to Central Park and played some Ultimate Frisbee. Then we went to the American Museum of Natural History, which was fun, but we had to rush. After that, we hurried over to Columbia University and hung out with my cousin. That night, we went to the first Yankee's game at the Yankee's Stadium this season. It was kinda depressing because they lost to Tampa Bay.

**Friday:** This was our last day so we packed and left it at the hotel while we went to the Empire State Building. That was really cool, but I got a nosebleed. Then we went to the airport and hung out while we waited for our plane. Pretty much it was the best Spring Break of my life--becoming better friends and we made lots of good memories that I know none of us will never forget!



12108 Pacific Ave. S. #21  
Tacoma, WA 98447

Phone: 253-536-6085  
Fax: 253-536-6086  
E-mail: [gavin@mdc-tacoma.org](mailto:gavin@mdc-tacoma.org)



### Our Mission

Since 1996 Upward Bound, in a partnership with Pacific Lutheran University and the Metropolitan Development Council, has been serving the Bethel and Franklin Pierce school districts. Our mission is to assist low-income and first-generation college bound students with college admission. We have seen over 95% of our seniors graduate high school and most of those students have college plans when they graduate. We believe that being a consistent, loving presence in the lives of students is their greatest motivating factor.



# EWU overnighter



On April 15th and 16th, Upward Bound took six students on an overnight field trip to Eastern Washington University. The students had a unique experience of staying overnight with a EWU host college student. The next morning the students had a lot to tell about their college experience. Day two, students were exposed to the campus through a campus tour and presentation. Daine Mabel and Cassie Ramirez liked their experience so much that they wanted to stay all week long!

EWU is located in Cheney, Washington. The University's beautiful campus, NCAA Division I athletics and opportunities for hands-on, real-world learning provide a classic, yet unique college experience. A focus on personal attention, faculty excellence and community collaboration allows Eastern to accomplish its mission for preparing well-rounded students ready to hit the ground running in their

chosen career fields.

Eastern's campus is just 17 miles from Washington's second largest city, Spokane. However, it is a matter of minutes from more than 20 lakes, beautiful mountains and the Turnbull National Wildlife refuge; all of which offer fishing, hiking, biking, boating, wildlife watching and more. This unique geographic positioning allows students the serenity to focus on their studies, the spirit of a small college town, the recreational opportunities of the Northwest and the invaluable internship opportunities and civic involvement offered by a major metropolitan area. It's no wonder over 10,000 students (and counting) now make Eastern their home away from home.

Eastern is proud to offer the state's best economic value in public education. This has made Eastern an institution of opportunity for many college students seeking an education that will provide them the

skills and practical training critical to succeed in today's changing work environment. Eastern also provides another kind of opportunity – to study one-of-a-kind, in-demand disciplines such as biotechnology, cyber security, forensic science, entrepreneurship, children's studies, dental hygiene and urban planning.

As a result of Eastern's comprehensive liberal arts curriculum and emphasis on real-world experiences, Eastern graduates are uniquely prepared to succeed in a competitive job market and immediately contribute to their career fields. In addition, close faculty relationships and collaborative community projects make our graduates strong and active stewards of the communities in which they ultimately reside.

For more information, see:  
[www.ewu.edu](http://www.ewu.edu)