



Class of 2006

Washington College

Application Deadlines

- Central Washington University (Ellensburg)—April 1st
- Western Washington University (Bellingham)—March 1st
- Evergreen State College (Olympia)—March 1st
- Eastern Washington University (Cheney, near Spokane)—March 1st
- Whitworth (Spokane)—March 1st
- Pacific Lutheran University (Tacoma)—February 15th (to be considered in first round of financial aid)
- University of Puget Sound (N. Tacoma)—February 1st
- St. Martin's (Lacey)—March 1st (for financial aid priority)

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upward bound college is possible.



Juniors

You need to register and take both the SAT & ACT this spring. UB will provide fee waivers. Register ASAP as certain locations fill up fast!

SAT

May 6 (register by April 3)
June 3 (register by April 28)

ACT

April 8 (register by March 3)
June 10 (register by May 5)

Walking the Highwire

by Monica Chase

So many conscious eyes are watching me, making their anticipation obvious. Those eyes know me; they know what kind of background I come from, they know which paths I have decided to travel in the present, and they know the goals I have so blatantly set for my future.

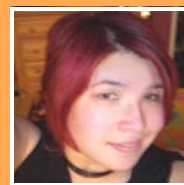
I am the second grandchild of 12—the fourth youngest—to graduate high school on my father's side. I am the eldest and only female grandchild on my mother's side. I will be the first to attend college in both families. As one could imagine, my families' expectations—as well as my own—haven't been the lightest burden to bear. I will not lie; there have been times where I sat back, completely over-

whelmed, asking myself when this would all be worth it, or, if in fact, it would *ever* be worth it.

Ever since junior high I had a pretty clear image in my mind of what I wanted to do after high school, but at that time, I felt I had neither the resources nor the slightest clue of how to get where I wanted to go. It was not until the middle of my freshman year at Spanaway Junior High that I was given the opportunity of a lifetime: a *guaranteed* chance of attending a good college and having a stable, successful career.

I was admitted to Pacific Lutheran University and will study Computer Science there, aiming at becoming a Computer Sys-

tems Analyst. Upward Bound was the epitome of stepping stones I used to accomplish this.



Upward Bound has not only provided the educational guidance and financial assistance that I needed to pave my path on my journey to a fruitful life, but they have also given me motivation, the firm shove, that I needed in order to keep striving for the higher. This program is owed just as big a "Thank You" as everyone and anyone else who has urged me along the road I have chosen to pursue.

UBMS Summer Program in Idaho

By Brittney Warren

Upward Bound Math Science is an unforgettable experience! The program starts with a wild airplane ride to Idaho where you are met by the UBMS staff. After a long bus ride you are fed and get to meet your dormmate. That's when the fun starts! Everyday you are up by 7 and to class by 8! Class consists of the greatest mind-boggling science and math subjects. This last summer was about Einstein and physics. All the classes are taught by real-life college professors and

you are treated like a college student. In the afternoon you have a four hour class that focuses on a subject which you do for a week. My favorite class was physics because I learned that glass is not solid in the solid state. The windows in your house are actually liquid! During the weekends we went camping and learned about survival. We also did a ropes course where you get to propel off trees over 100 ft. above the ground. The end of the program is kinda sad as you



say goodbye to your friends and hop on another crazy plane ride. As you sit on the plane there is a sense of great accomplishment, knowing that you have completed Upward Bound Math Science.

Highlights from the Inside . . .



Summer Opportunities and Application Deadlines

University of Washington 6 week U-DOC Medical Program

- Applications due Feb 28th
- For current Juniors

Washington State/ University of Idaho U-DOC Medical Program

- Applications due Feb 20th
- For current Sophomores and Juniors

Let your instructor know if you would like an Upward Bound Math and Science at University of Idaho and Alaska application!

- Deadlines:
Alaska—March 15th
Idaho—April 15th

***See your UB Instructor for more details!**

Clower Park

A field trip to Seattle, teambuilding games, writing essays, practicing grammar, learning about responsibility and discipline. The common factor among all the items on this list is that they are all topics covered this past semester during Upward Bound at Clower Park. During a vote, however, none of these items came out on top—the class voted almost unanimously that the community service project was

the most influential part of their semester. The students were asked to research a community service organization in the Tacoma-Lakewood area. They set up and conducted interviews of leaders within the organizations, and some participated in helping the organization. The project was not without challenges, however. Some students found that setting up interviews could be difficult when people



don't return phone calls! Presenting their findings to the class, though a little scary, proved a helpful and meaningful culmination to their project. Overall, fall semester was one of challenges and fun.

Spanaway Lake

What do Nelson Mandela, Mother Teresa and Isaac Newton have in common? Besides all three being world famous and highly respected, these three personalities were studied by the Upward Bound Sentinels. At the end of this unit, hopefully inspired by these figures' great leadership, self-sacrifice and genius, the students wrote a practice college essay on a historical figure that had influenced them. It was their second college essay of the semester.

Students have also learned 80+ root words to help them dissect and figure out unfamiliar vocabulary words--an important skill for those upcoming SATs and ACTs! Most impressively, this class, on average, has exceeded the Upward Bound expectations in terms of community service and outside reading, proving that they are motivated

to do the work that it takes to be college-bound. Here are just a few of the statistics that demonstrate this enthusiasm:

Community Service Hours (30 required)

- ❑ 87% completed the requirement
- ❑ 60% exceeded the 30 hour requirement
- ❑ 34.5 hours—Average # of community service hours of SLHS students this semester

Outside Reading (500 pages required)

- ❑ 80% completed the requirement
- ❑ 73% exceeded the requirement
- ❑ 514 pages—Average # of pages read

“Throughout my time with Upward Bound, I have experienced what to expect in the college life



and have learned many new writing techniques and learned about many famous people. I feel I have had a great experience with Upward Bound.” Tony Ballinger (11th grade)

“The vocabulary words made memorization for everything easier and simpler for me.” Su Kim (10th grade)

“Merging juniors and sophomores can get very aggressive...when it comes to Password.” Alisa Smith (10th grade)

“This semester was fun...we played a lot of games that helped us learn at the same time. Writing the college essay was fun and it gave me an idea of what the colleges would be looking for.” Tiffani Wilson (11th grade)

Bethel



Bethel students ended the year on a professional note, studying personal finance and career skills. The goal of this last unit was to give students practical, transferable skills to the real world. Some of the projects that they completed included doing a mock stock market simulation, a personal budget for independent living, completing a face-to-face mock interview with business people in the com-

munity, and creating an interview kit. The interview kit consisted of a cover letter, a job résumé, a college résumé, references, and a thank you letter. A few of the students actually landed real jobs because of how much they impressed their interviewers. Here's a sampling of what some of the students had to say:

"I found that the budget simulation is going to help me a lot in my future and help prepare me for the real world. I have actually caught myself sitting down thinking about different ways I can save money. The careers unit helped me get a job. I went into the mock interview think-

ing this is going to get my grade for class, but three days later I found myself with a good job that's going to help me and work around my schedule." Cierra Lee (11th grade)



"I personally like the budget simulation. It gave me a more realistic idea of what I might be spending or saving when I'm out on my own." Misty Besst (11th grade)

"From this project I believe I gained confidence. I think I gained this because I now know what to expect." Kayla McCrary (10th grade)

"I'm glad I got a chance to do a practice interview because now I feel more prepared for any upcoming interviews I may have when I try and get a job." Kaylei Kovacs (11th grade)

"The finance/career unit helped me gain a general knowledge of some of the experiences we will face in the real world. I know it really helped me learn more about things like the stock market, which to me was always a big mystery." Angelina Stone (11th grade)

Washington

Washington students this semester reflect back to the College Fair with fond memories. For many, it opened their eyes to the variety of options that are available to them. Washington students are also always up for a good time with their UB friends from other schools as well. "Seeing all of the different colleges inspired me a lot. It gave me a boost of confidence, showing me that it I do good in school, I can go to any of these universities..." reflected Abre Ramos.

Another highlight from the semester was learning about three historical figures—Nelson Mandela, Mother Teresa and Isaac Newton. They had an opportunity to learn about the way these individuals had an impact on the world. These figures were inspiring to many of the students and several wrote essays on how these famous individuals had an impact on their life. Kristy Bell reflected that the different essays that she wrote this semester helped her to enhance her writing skills for

college.

Other students had highlights from the past several months outside of class activities.

Alex White's highlight from the semester includes, "being the muscles for Food Connection," his volunteer work where he helped in a food bank, doing a lot of lifting and moving around of food.

Another highlight for many of the WHS UB students was their involvement in the after school program, Teen Chefs as



one of their outside activities. They have made everything from omelets to cakes and have a great time sampling their creations while sharing with others.

Franklin Pierce



Upward Bound students from FPHS have visions of Harry Beastie and Henrietta

Hippo when they think back to the beginning of the year. They often got to correct sentences about these two to improve their grammatical skills. They also had other opportunities to sharpen their skills through learning vocabulary, roots and writing college essays.

Amanda Anderson reflected that her volunteer experience was the highlight of UB this semester. "...I coached a five-year-old basketball team...they were adorable. They looked up to me like I was MJ when I

dunked on their court."

Nadia Smith appreciated the experience of the College Fair, especially being able to talk "one-on-one with actual people from college...and having them (all of the different schools) in one place at one time."

Natasha Wood was in agreement with many of the students who enjoyed "making new friends and (the) reuniting with the old" as they get to work (and play) together for three years through the UB program. It is a unique experience that allows a closeness that most

other high school classes won't be able to provide.

Avery Stone appreciated that UB also provides a way to do things like community service and outside activities that universities look for when they are accepting students.

Many of the students were excited to work towards attending the UB Sonics game in February and worked hard to get all of their work in and make sure their grades were up. They are looking forward to some quality time with their other UB friends.

